



Judd mat Gaardebounen



- 1 glass of broad beans, 1 leek, 1 onion, 1 carrot
- smoked bacon, 100g flour
- 100g butter, parsley, bean sprouts (sariette), 1 bay leaf
- 1 clove, thyme, salt, pepper







Recipe

In a large pot, place the pork, carrot, leek, onion, bay leaf, clove, thyme and water; bring them to a boil and then simmer on low heat for about 1.5 hours.

Boil the potatoes in another saucepan until soft and drain. Then let it dry in the pan.

Cut the bacon into small cubes and brown it in a pan. Place the potatoes and bacon in a bowl and sprinkle with chopped parsley.

Boil the broad beans and then drain, reserving the liquid.

Melt the butter in a saucepan and add the flour. Stir until a light roux forms. Then deglaze the liquid from the broad beans and stir until it forms a thick sauce. Season with salt, pepper, savory, and add the beans. Possibly, depending on taste, add a meat cube to refine it.

Remove the meat from the broth and cut into slices about 1cm thick. Arrange on a deep plate with beans and potatoes. Sprinkle with broth to keep the meat juicy and serve with mustard.

